

Living the Spiritual Life Confirmation Year 1

Students should do at least **six** of the following spiritual and service ministry actions. Choose **three from each category**. Students are asked to journal about their SPIRITUAL experiences on the sheet provided from the Faith Formation Office. Blue ÷Youth Record of Service Ministryö forms will still be used for the service ministry actions and can be turned in as they complete each action. Both forms can be found in the rack outside the Faith Formation office door.

The actions need to be completed between May 1, 2019 and April 30, 2020.

SPIRITUAL ACTIONS	SERVICE MINISTRY ACTIONS
<p>1. Attend Come Encounter Christ on October 20. This can count as two spiritual actions.</p> <p>2. Read the upcoming Sunday readings and journal about them (what are they about? What struck me? What questions do I have? What is God saying to me/us in any of these passages?). Readings can be found online at uscgb.org. Do this for two Sundays in a month.</p> <p>3. Read three parables of Jesus ó what does Jesus reveal about God through the story? Possibilities include Luke 8:4-15, 16-18; Luke 15; Matthew 13</p> <p>4. Read one of the letters of St. Paul. I would recommend Ephesians, Philippians, 1 or 2 Thessalonians, 1 or 2 Timothy. 1 or 2 Corinthians might be more challenging, but they talk about the spiritual gifts.</p> <p>5. Say a Rosary at least four times during a month (I have brochures if you need one).</p> <p>6. Attend and observe one of the parish's spiritual groups: prayer group on Wednesday evenings or a Scripture study or one of the Faith Formation once-per-month video series on the Sacraments (and bring your parents!).</p> <p>7. Pray a novena (9 days) for some special intentions. EWTN.com has novenas. There is also a website called Pray More Novenas that has novena prayers.</p>	<p>Confirmation Year 1 Students will be required to complete at least three hours of service ministry to the parish.</p> <p>Vikki will send out emails or links to SignUpGenius for each event as they come up. Be sure to sign up!</p> <p>Watch the bulletin or Sunday announcements at Mass for additional Christian Service opportunities and contact Christian Service directly at Christianservice@stdanielclarkston.org</p> <p>A list of events is also attached, so check your calendars!</p>

<p>8. Read a book or watch two movies about a saint. There are many good movies about the saints, especially on EWTN. The library in the Cushing Center may contain some books on saints.</p> <p>9. Pray with the little book during Advent or Lent (blue or black books), or any other devotional for either liturgical season.</p>	
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DIRECTIONS: Fulfill the spiritual actions of your choice. On the journal sheet, write a reflection about the spiritual experiences and then have your parent or supervising adult sign the sheet. Turn in the finished sheet to the Faith Formation Office by June 1 to receive your credit. Turn in blue "Youth Record of Service Ministry" forms each time you fulfill an action so they can be recorded in a timely manner, don't wait until May 2020 to turn them in all at once!

Many blessings!

Rebecca Joseph and Vikki Toth

If you have any questions, please call our office at 248-625-1750 or email rjoseph@stdanielclarkston.org.